

RSE Curriculum Early Years - Taught throughout the year

Physical Development / Health and Self Care - ELG - Children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe. They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.

Understanding the World / The World - ELG - Children know about similarities and differences in relation to places, objects, materials and living things. They talk about the features of their own immediate environment and how environments might vary from one another. They make observations of animals and plants and explain why some things occur, and talk about changes.

Understanding the World / People and Communities - ELG - Children talk about past and present events in their own lives and in the lives of family members. They now that other children don't always enjoy the same things, and are sensitive to this. They know about similarities and differences between themselves and others, and among families, communities and traditions.

PSED / Managing Feelings and Behaviour - ELG - Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different situations, and take changes of routine in their stride.

RECEPTION (Year A & B)

Activity	Vocabulary		Resources
<ul style="list-style-type: none"> • Key person groups • Parachute activities • Playing games which involve turn taking and sharing • Small group and whole class circle times to explore themes such as 'keeping healthy', 'feelings', 'how to be a good friend', 'who is special', 'how am I special'. • Encourage children to talk about and identify feelings and signs of how children may be feeling • Photos and pictures of emotions • Drawing and paintings of important people / ourselves • Baby photos and discussion on how they have grown • Songs and games introducing parts of the body ('head, shoulders knees and toes', 'If your happy and you know it') • Photos to make a personal timeline • Visitors including babies and children to talk about growing • Discussion on personal space and privacy 	Happy Sad Worried Scared Feelings Excited Proud Cross Kind Angry Sorry Healthy Keeping clean 'I feel...'	Fair Sharing Friend / friendly Smile Listening Take turns Cooperating Independent Getting on Unfair Working together Falling out Calm Personal space Privacy	Photos Emotion cards Games for turn taking Key person group mascots Parachute Visitors