

Sex and Relationships Education (SRE)

Harestock Primary School - Year 3/4

SRE overview :

Vocabulary: Year 3

male
breasts
penis
make a baby
umbilical cord

female
vagina
scan
pregnant

Year 4

male
breasts
vagina
periods
ovaries
sperm

female
penis
puberty
testicles
eggs

Follow up activities:

Discussion and question time

Anonymous post box questions

Year 4- All about me- Personal profile (focus on what makes individuals special)

Year 3- PSHE led - spider diagram with self at centre to help them understand that there are different relationships, and how we act within these relationships. (focus on family and friends)

Cross Curricular SRE topics:

Science.

To understand how plants and humans grow.

PSHE:

To understand how situations and relationships change with the introduction of: new siblings; new relationships

To understand how to recognise worries and concerns, particularly in relationships

To talk about different feelings and different situations and recognise how we should respond in these situations.

To recognise that if we feel uncomfortable about a scenario then it is fine to follow our instincts

To understand that there are different relationships.

To understand that within each relationship there are codes of behaviour.

To understand that there are some changes which happen, over which we have no control, and that we can discuss them and respond to them - but we can't stop the changes happening.

To understand that our bodies are private to us.

Additional Information: (groupings of children etc)

DVD in separate year group + follow up discussion and questions