

Sex and Relationships Education (SRE)

Harestock Primary School - Year 5/6

SRE overview:

Vocabulary:

Yr 5 girls + Yr 6	Yr 5 boys + Yr 6	Year 6 only	
Womb	Male	Scrotum	Foetus
Vagina	Female	Pubic hair	Sex
Genitals	Life cycle	Sexual Intercourse	Uterus
Ovary	Adolescence	Pregnancy	Clitoris
Nipples	Penis	Fallopian tubes	Embryo
Breasts	Testicles	Fertilisation	Umbilical cord
Menstruation	Wet dreams	Ejaculation	Insemination
Hormones	Erection	Contractions	Labour
Female	Semen	Cervix	Dilates
Male	Sperm		
Period			
Tampon			
Sanitary Towel			
Eggs			
Reproduction			
Birth			
Sperm			

Follow up activities:

Wordsearch to cover all vocabulary.

Worksheets to label parts of the male / female sex organs.

Changes through adolescence.

Class discussions and opportunities to write questions on paper to be shared and answered as a group (gender groups / age groups / classes).

Cross Curricular SRE topics:

Science

Animal life cycles - animal reproduction happens to ensure continuity of the species.

PSHE

Relationships - with friends, within families, within the community.

Emotions - how to express and understand your own emotions and those of others.

Health and Hygiene - the importance of diet, exercise, personal hygiene and general health and well-being.

Additional Information:

We do group the children in different ways for SRE. At appropriate times the children are taught in specific year groups - Y6 children cover sexual intercourse and human reproduction. Y5 children cover puberty and personal hygiene.

When learning about puberty we group the children into single sex groups. All children learn about changes in the body for both sexes but we try to avoid embarrassment and encourage children to share concerns and ask questions.

In the class / group discussions if slang words are used by the children we will clarify, for the benefit of everyone, the body part they are referring to by using the correct anatomical term.

If we feel unable to answer a specific question, we will re-direct the children to ask a trusted family member.