

PACE

PARENTS AND CARERS EVENTS

To increase confidence,
knowledge in managing
potential concerns

Anxiety
management

Suitable for professionals
working with young
people

Crisis and
self harm

Free event for all
parents and carers

Challenging
behaviour

Info from local and
national organisations
and agencies

Brought to you by
Hampshire CAMHS

PLUS MUCH
MORE

Eating
difficulties

Help
Advice
Support

Wednesday 21 November 2018 - 11am-7pm

The Lights, West Street, Andover, SP10 1AH

Free event although booking is required

Book your place at

www.hampshirecamhs.nhs.uk/events